



**OPEN YOUR HEART
YOGA & KUKUWA
DANCE FUSION PLAYSHOP**

**Unite Yoga & Dance and explore the free
flow form of breath driven movement.
Wake up your inner rhythm and let your
creative energy flow through you. Pump
FUN through your veins with the
Caribbean & African beats!**

Sunday, Feb. 12th

11:45am-1:15pm \$15 or 2 for \$20

With Karen Manette Bosna

**You don't have to know how to dance & can have
two left feet. Wear loose comfortable clothes.**

At the Wise Wellness Center in Rio Grande

Across from Wawa 609-770-3549

www.Wise-WellnessCenter.com

